



## Trauma-focused Counselling 2 DAY WORKSHOP

This two-day course provides counsellors with knowledge and skills for working in trauma informed ways with refugee survivors of torture and trauma.

### CONTENT INCLUDES

- The distinctive psychological sequelae of torture and refugee trauma
- The theoretical underpinnings of trauma
- Conducting comprehensive assessments with survivors of torture and trauma
- Cross cultural considerations
- Strategies and approaches for dealing with symptoms and challenging presentations
- Challenges of trauma-based work in the context of ongoing uncertainty
- Counsellor responses to clients including vicarious traumatisation, and self-care



### DATE

28 & 29 August 2017

### TIME

9.30 am - 4.30 pm

### COST

\$380 per person  
Morning Tea, Lunch & Afternoon Tea Included

### VENUE

Foundation House  
4 Gardiner Street, Brunswick

### GENERAL ENQUIRIES

03 9389 8965 or  
[pdregistrations@foundationhouse.org.au](mailto:pdregistrations@foundationhouse.org.au)

### SUITABLE FOR

Those working as Counsellors with people from refugee-like backgrounds, or who are wanting to work in this area.

### PRE-REQUISITE

Participants should have completed a Foundation House Introductory Course or equivalent.

If you have considerable experience working with people who are seeking asylum or from refugee-like backgrounds & wish to apply for an exemption for the pre-requisite, please contact [pdregistrations@foundationhouse.org.au](mailto:pdregistrations@foundationhouse.org.au).

TO REGISTER visit <http://learn.foundationhouse.org.au/>

BOOKINGS ARE ESSENTIAL