

Communities & Trauma: Supporting Recovery from Collective Trauma

1/2 DAY WORKSHOP

Refugee and asylum seeking experiences tear at the social fabric. This workshop will explore some of the potential far-reaching impacts of collective trauma for communities in the resettlement context and potential recovery processes.

Participants will be introduced to the Foundation House community capacity building model. A panel of speakers, including members from diaspora communities and a peace-practitioner, will explore the legacy of collective trauma. Drawing on the model, participants will be provided with the opportunity to reflect on potential ways of facilitating connection in the context of their roles.

CONTENT INCLUDES

- Exploration of concepts such as trans-generational trauma and collective trauma
- Foundation House Community Capacity building model
- reflections on the collective impact of trauma from members of diaspora communities
- consideration of ways of facilitating connection & longer-term recovery processes in traumatised communities



DATE
Thursday, 2 November 2017

TIME
9.30 am - 12.30 pm

COST
\$120 per person

VENUE
Foundation House
4 Gardiner Street, Brunswick

SUITABLE FOR
Anyone interested in working with communities whose members may be from refugee-like backgrounds, eg. Bi-cultural Workers; Community Development Workers; school staff, eg. Teachers, Vice-Principals, Welfare staff; those working in policy roles; Community Health Workers & Managers.

TO REGISTER visit <http://learn.foundationhouse.org.au/> BOOKINGS ARE ESSENTIAL

Overcoming Stigma: Engaging with Communities about Mental Health

1/2 DAY WORKSHOP

The challenges of overcoming stigma about mental health is common to people from refugee background and the wider Australian community. This workshop explores barriers for people from refugee and asylum seeking backgrounds in accessing mental health services and examines ways of reducing stigma in communities around mental health concerns. There will be presentations of current work within communities to highlight ways of better engaging people from refugee backgrounds around mental health and well-being.

CONTENT INCLUDES

- Exploration of the potential effect of culture on perceptions of mental health and mental illness
- Common mental health concerns for refugee and asylum seeker communities
- Identification of key barriers preventing people from refugee and asylum seeker backgrounds accessing mental health services
- Examples of engaging communities around the impact of trauma
- Where to next? eg. identification of engagement strategies and potential ways of implementing these; future training & collaborations



DATE
Thursday, 2 November 2017

TIME
1.30 pm - 4.30 pm

COST
\$120 per person

VENUE
Foundation House
4 Gardiner Street, Brunswick

SUITABLE FOR
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