



Working with the Impacts of Prolonged Uncertainty: To Do, Or To Be?

1 DAY WORKSHOP

This workshop explores the psychosocial realities for asylum seekers and others from refugee backgrounds in situations of uncertainty. The mental health consequences arising from pre-arrival experiences are compounded by the uncertainties of the determination process and the political environment, as well as other factors such as concern for family overseas. In the current context, client-worker interactions are frequently related to discussions around migration status and themes relating to uncertainty can dominate. Feelings of helplessness are common in both the client and worker. Ways of supporting clients living with ongoing uncertainty will be explored and the potential impact of this work on professionals is acknowledged.

CONTENT INCLUDES

- Overview of historical & current Australian protection processes
- Increased understanding of our own personal ways of being and comfort with uncertainty
- Exploration of the impacts of trauma, ongoing uncertainty, and detention
- Ways of working and sitting with clients living with ongoing uncertainty
- Identification of key principles for sustainable & professional engagement with clients



DATE

Thursday, 15 June 2017

TIME

9.30 am - 4.30 pm

COST

\$250 per person
Morning Tea, Lunch & Afternoon Tea Included

VENUE

Foundation House
4 Gardiner Street, Brunswick

GENERAL ENQUIRIES

03 9389 8965 or pregistrations@foundationhouse.org.au

SUITABLE FOR

Those working with asylum seekers or people from refugee backgrounds who are experiencing protracted uncertainty, eg. Case Workers; Settlement Workers; ESL Teachers; Counsellors; Community Health Practitioners, Lawyers.

PRE-REQUISITE

Participants should have completed a Foundation House Introductory Course or equivalent.

If you have considerable experience working with people who are seeking asylum or from refugee-like backgrounds & wish to apply for an exemption for the pre-requisite, please contact us on details below.